

## FROM OUR CARETAKERS

We are John and Linda Field, the new caretakers at the Bethania Village. John is a chef and worked in age care facilities over 10 years and Linda a nurse and personal carer for over 30 years. We are very impressed with the Palm Lake Estates and with the staff at Bethania. Katrina S, the health coordinator, Katrina D, the relief cook and domestic, Shona and the newly appointed Sam, both domestics. We can see a great team for the future.

I would like to reflect on what I would want when I am in need of an aged care facility. Imagine the time is now [and the time will be soon for some and a lot longer for others, but will happen].

This is what I would like to see for me at that time;

- \* a peaceful unit
- \* good healthy food with a variety
- \* care 24 hours a day
- \* a daughter or son type person answer my buzzer when I am in need, regardless of what time it is
- \* made feel that this is my home
- \* interesting things to do
- \* not made feel guilty when I make a mess
- \* respect for what I have been through in my life
- \* and most of all, allowed to be me.

I will probably meet my best friend here for the rest of my life.

My fellow workers, this is not just a job but it is a way of life for your residents. Make it happen for them.

JOHN AND LINDA



of