

THE BEACH HOUSE BUZZ



The Deception Bay Palm Lake Resort Newsletter

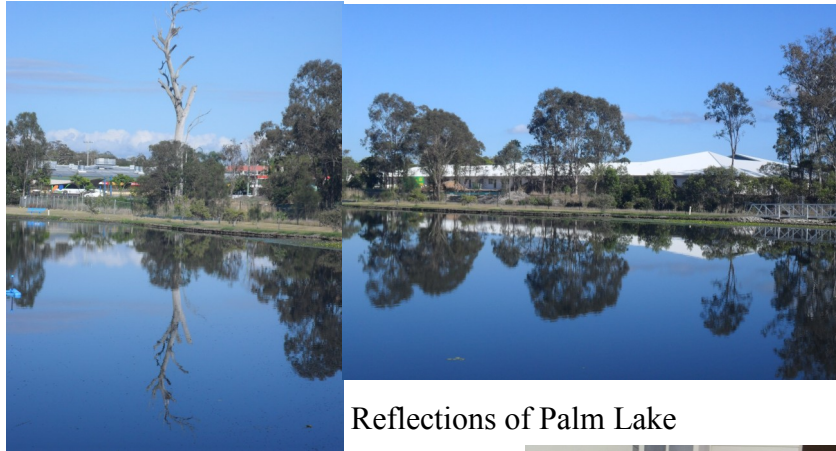
FEBRUARY 2012



BBQ

Sat 25th

4.30



Reflections of Palm Lake

Patricia cuts the cake



Carollers at work and play



from the editor -

i hope you all had a very happy christmas and can all look forward to a healthy and prosperous new year.

this newsletter will be a little different in that, due to an accident in the workshop that resulted in me losing most of my left index finger i am unable to operate the shift key so you will have to put up with the publication without capital letters.

the accident was entirely my own fault as i was using the table saw without a guard and had the blade protruding too far up due to a 'good idea' to use the saw as a router as the router did not have a long enough bit for the job in hand. all went well so then i tried to split a length of timber without adjusting the blade to a safe level, 'it will be ok if i am careful' i thought. i cut halfway through and was moving around to pull it through from the other side when all of a sudden my finger was on the floor. end of story. i hope this can serve as a practical warning to all our residents to always use safe practices not only in the workshop but also in your home, when you are driving or simply going about your daily life. i can only be thankful that it was only one finger and not much worse.

thanks to all the people that came to my assistance and the workshop buddies that cleaned up the mess while i was away doing something else.

the card players have donated a supply of cushions that are stored in the storeroom next to the stage, anyone is welcome to use them provided they are put back where they came from. sadly the supply has dwindled and the card players would appreciate them being returned. you know if you have taken one so do the right thing and bring them back please.

deadline for the march newsletter will be february 20th. copy to alharv@plriving.com or villa 152.

SOCIAL COMMITTEE NEWS.

From both the Social & Residents Committee's HAPPY NEW YEAR! We hope all of you had a wonderful Xmas & that 2012 is a great year for you.

* Know your Neighbour afternoon tea Mon Dec 12.

By all accounts this was a very successful & enjoyable function. The newer Residents said they found it most informative but also so did quite a few longer term Residents. Some said that even though they read of our activities in the Resort, to actually have them spoken about makes one realise what a wide range of activities there is here.

* Keyboarders Xmas fare Sat 17th Dec.

What a great night this was, terrific music from the Keyboarders, great singing from the Singing Group & audience, a very enjoyable supper, great dancing from our dance groups & others. Around 140 people had a really enjoyable night, I'm sure. Unfortunately Santa got held up when one of the reindeers was a bit poorly, so he was a little on the late side but still made a very welcome appearance. I hate picking out individuals from what was a truly great group effort but it would be remiss of me if I didn't acknowledge Gloria (Keyboarders), Thelli (Singing Group & Dancers), Jan Hay (Square Dancers & singing) & Col Miller. Many others contributed to this wonderful night & we thank you all.

Unfortunately the night was spoilt a little by the fact that 22 people who put their names down to attend didn't & even though calls within the Resort are free they did not bother to phone any one of the Committee members. As a result 154 extra items of food were ordered, cooked & then had to be used up. As per below Funds are in good shape currently but they'll soon run down if this continues to happen. We know things crop up that alter plans but please just let one of us know if this happens to you after (Cont p5)

you've registered your attendance.

* The Xmas raffle was drawn at the above function with the winners being,

First. Don (Jesse) James.(The mystery prize was a portable folding lounge chair.)

Second. Betty Bray.

Third. Joan & Harvey Waterfield.

CONGRATULATIONS TO THE WINNERS.

* Thank you to all the Residents who donated food items for Vinnies & the Salvo's. We had to close off earlier than expected as it didn't leave enough time to meet the deadline to have the goods reach the needy in time for Xmas. We'll have to remember next year to start earlier & finish earlier. Apologies to those who intended to donate but missed out.

* New Years Eve.

Wow another terrific night, plenty of variety with a lucky chair, lucky dance spots, a trivia quiz & 2 lots of pick the prize under one of 5 cones, plus of course the nearest gold coin to the bottle of whisky. This was won by John Cunningham. Hope you enjoy it John. The music was good & the fellowship even better. It was great to see so many stay until midnight so as to see in the New Year.

Once again a big THANK YOU to all the helpers who assisted in any way towards making this night a very enjoyable one.

* Australia Day Thurs 26th Jan.

A very enjoyable evening with great music from Joan's Bush Band & some interesting poetry read eloquently by Don Shearman. I must admit I'm a snags fan so I really enjoyed the sausage sizzle And what about some of the Aussie outfits? I thought they were terrific & certainly would've been hard to judge. Thank you to our 2 Judges Louise & Stan. CONGRATULATIONS TO THE WINNER.

(cont p 6)

A big thank you to Joan & her ⁶Band Members, Don, the Social Committee Members, our Cooks & everyone else for helping to make this a very enjoyable Australia Day.

FUTURE FUNCTIONS.

* BBQ Sat 25th Feb 4.30-7.30pm.

Hamburger & ice-cream \$2 pay on the day.

* St Patricks Day Fri 16th Mar 6-9.30pm.

Boy have we got a deal for you!! We are going to stage a genuine Irish 3 hour show featuring an Irish band with piper & Irish dancers. The group is called "Celtic Crossover". We have to stage this a day before the official St Patricks Day as the group are performing the same show on the actual day at the Caloundra RSL & in Sydney on the Sun. As the cost to stage this is very substantial & we want to keep the cost to you as low as possible we will not be providing a meal, we will though provide nibbles, so obviously you'll need to eat before the show. Now this is a quality show that would I believe be at least \$10 at the RSL (where pokies subsidise the cost) & probably \$20 in Sydney. WE ARE GOING TO PUT THIS ON FOR YOU AT \$5 PER HEAD,WHICH IS FANTASTIC. Family & friends are welcome & the price to them will be the same ie \$5. Further details, raffle info, registration sheets, payment details etc will be advised in due course.

*Trivia night 6pm Sun 25th March.

* BBQ Sat 31st Mar 4.30-7.30pm. Sausage sizzle & ice-cream \$2 pay on the day.

*60's rock n roll night 4.30-8.30 (plus a BBQ) Sat 14th April.

* Anzac Day Wed 25th April 9am.

*Gigantic fashion event with Ladies & Mens fashion plus shoes jewellery etc 10.30am Mon 28th May.

* Biggest m/tea Mon 14th May starting at 10am.

*Keyboarders winter concert Sat 16th June.

(cont p 7)

- * Monthly BBQ Sat 30th June 11/30am-2/30pm.
- * Xmas in July Sat 14th July 11.30am -3.00pm.
- * BBQ Sat 28th July 11.30am -2.30pm pea/pie/pud. .
- * "Patti" Sat 11th Aug 6-9.30pm.
- * Beerfest Sat Oct 6 4.30-8.30pm,with music by Col Miller.
- * Melbourne Cup Tues Nov 6 starting at 10am.
- * New Years Eve Mon 31st Dec 6.30pm-12.30am .

WITH MOST OF THE ABOVE FUNCTIONS FURTHER DETAILS WILL BE ADVISED CLOSER TO THE DATE.

GENERAL.

I have to give a big congrats to my fellow Committee Members for the Xmas week raffles, I think there was a great array of prizes, WELL DONE.

As recently announced the Social Committee is very pleased to advise Residents that due to the healthy state of our finances we will, until further notice, be charging only a token amount for most upcoming functions. This will probably be no more than \$2 for functions such as our monthly BBQ's or where the entertainment is from in here. Where we are engaging outside entertainers who often charge many 100's of dollars the price will have to be higher but will still be subsidised. The Australia Day function was our first at this new temporary charge.

We would also like to remind all Clubs & Groups within the Resort that if you have need of new or replacement equipment etc we would invite you to submit your request in writing to the Secretary, yours truly, Villa 211. We will give every consideration to your request. CLOSING DATE FOR APPLICATIONS WILL BE FRIDAY 9th MARCH.

We would further ask you all that if you have any idea's for functions, activities & information sessions etc then please let one of the Committee members know of your idea, WE CERTAINLY WELCOME YOUR FEEDBACK & IDEA'S.

RESIDENTS COMMITTEE.

*New lease charges.

If you haven't already done so don't forget to take your letter advising of the new rate to Centrelink in the hope of gaining some extra to help offset the recent increase.

* Power costs.

Well these certainly worked out as advised, mine went down 50%, I hope others did to.

* A big thank you to the Singing Group that came round the Resort on the Mon & Tues evenings of Xmas week entertaining us with Xmas carols. I reckon it was a terrific idea let's hope they do it again this year.

* Next open Residents meeting.

This is scheduled for WED 28TH MARCH AT 2PM.

Ian Baldock

The Ladies Bowls has started again after the Christmas break. We now have an average of 20 ladies playing each Saturday, which is great.

Any ladies are welcome to join from 8am until 9.30am. Remember to wear flat soled shoes or barefeet



Thanks again to Ian and Stuart for watering the green.
Jan 769.

Blood stains on clothes? Not to worry! Just pour a little hydrogen peroxide on a cloth and proceed to wipe off every drop of blood. Works every time! *(Now, where to put the body?) LOL*

When boiling corn on the cob, add a pinch of sugar to help bring out the corn's natural sweetness

Happy New Year to you all from the Office .

We welcome new residents Mick Duggan & Mary Higgs Villa 279 ph 995.



Congratulations to all who displayed Christmas Lights – many of you went to great lengths putting them up and the resort looked lovely. A great effort.

Since our last Buzz there have been a few residents that have passed on and we extend our sympathies to the families concerned.

We would like to welcome a new cook to the staff – his name is Barry and he is already putting out good meals. Please make him welcome and have a chat when you can.

It is disappointing to report that the park rules were stretched over the holiday period and it was noted that there were children on their skateboards/rollerblades etc which we have stated are not to be ridden within the park at any time. Also it is park policy that a resident must be in attendance when a visitor is using any of the facilities – they are NOT permitted to use our facilities without you there. Children must not run around the pools or jump in as this interferes with other people using the pool at the same time.

Please note that bookings for the Beach House or Sports club are to be for residents celebrations only, not for the family members. A Grand Hall Policy form must be filled out at the time of booking. You will note that the tennis racquets are now stored in the gym and the table tennis bats are in the bottom drawer in the craft room – nice to see the new table getting lots of use.

Those who play outdoor bowls on the green must wear flat soled shoes at all times to avoid marking the surface.

A reminder again that polystyrene and plastic bags & supermarket trays are NOT to go into the recycled bins – and aluminium drink cans are best to go into the bins provided by (cont.p12)

ACTIVITY SHEET FOR FEBRUARY

These activities resume on the dates indicated thus

<u>Monday</u>	6.55am	PLR Ospreys Walking Group-Beach House
	8.00am	Zumba - Beach House (instructor)
	8.30am	Weight Watchers – Craft Room
	9.15am	Tai Chi – Beach House
	1st & 3rd Mondays only	10.00 am Singalong Sports Club ##20th
	1.30 pm	Lawn Bowls
	6.30pm	Tennis
	6.30 – 9.30pm	Cards – Beach House
<u>Tuesday</u>	8.00am	Aerobics – Beach House
	9.00am	Garden Group -- Craft Room (1st Tues)
	9.30am	Art Class – Craft Room (not 1st Tues).
	9.30am	Mah Jong – Sports Club
	1.00 – 3.00pm	Patchwork – Craft Room
	1.30pm	Cards 500 – Beach House
	5.30pm	Dinner - Beach House
	6.30 – 8.30pm	Square Dancing – Beach House ##7th
<u>Wednesday</u>	6.55am	PLR Ospreys Walking Group-Beach House
	7.30am	Massage – Craft Room
	8.00am	Zumba - Beach House (DVD)
	10.30am	Aqua Aerobics
	12 30pm	Dinner - Beach House
	1.30 – 3.30pm	Round Dancing – Beach House ##1st
	1.30pm	Scrabble – Beach House
	4.00 – 5.00pm	Croquet
	6.00pm	Lawn Bowls
	7.00 – 9.00pm	Line Dancing – Beach House ##1st
	6.30 – 9.30pm	Cards – Beach House

<u>Thursday</u>	8.00 & 9.00am	Aqua Aerobics
	10.00am	Painting Group – Craft Room
	10.00am	Knife Sharpening-Beach House March 1st
	2.00pm	Cards – Euchre – Beach House
	2.00 – 4.00pm	Line Dancing – Beach House ##2nd
	5.30pm	Dinner - Beach House
	6.30pm	Table Tennis - Craft Room
	6.30pm	Indoor Bowls – Beach House
	6.30 – 9.30pm	Cards – Beach House
	<u>Friday</u>	6.55am
8.30am		Lawn Bowls
9.00am		Craft Club – Craft Room
2.00pm		Bingo – eyes down at 2pm
6.30 – 9.30		Cards – Beach House
Saturday		8.30am
	9.00 am	Keyboarders – Sports Club ## 18th then every alternate Sat.
	9.00am	Ladies social lawn bowls.
	9.00am	Quilters – Craft Room
	1.30pm	Cards 500 – Beach House
	4.00 – 5.00pm	Croquet
	1.00pm	Old Time Dance Steps 11th only
	<u>Sunday</u>	1.30pm
4.15pm		Sunday Nighters – Beach House ##5th
6.00pm		Indoor Bowls – Beach House
6.30pm		Cards - Beach House.

SPECIAL ACTIVITIES SEE PAGE : 12



Special Events

Bar-B-Que Saturday 25th Feb 4.30pm.

St Patrick's Day celebration Friday 16th March 6.00pm

Trivia Sunday 25th March 6.00pm.

WHAT'S THE BUZZ?????



Happy Birthdays to Bob Wilson, Harvey Taylor, Stuart Fletcher 70 yrs (5th), Edith Anderson (9th) & Dot Quick (13th),



Get well wishes to all those under the weather as I have been away my ear to the grounding has been a little remiss.



Who ????

As a result of a workshop accident can now "Road Rage" by giving a fork and a bird at the same time?

Were the 4 ladies so engrossed in a conversation in the middle of the road, they failed to notice a car coming up behind them. I hear they are Olympic Medal Material for the standing high jump.

(From the office cont.) the main kitchen door, sports club BBQ area and outside villa 197. Money from these cans is donated to the RSPCA – so it is going to an extremely good cause. To keep the recycling we must follow regulations – if you are unsure of any item just put it in your normal rubbish.

Green waste Friday 24th Feb.

Knife Sharpener Thursday 1st March

Sandy & Peter

Louise & Stan



From the workshop.

Well here we are again, where did that time go? we have finished the trolleys for the recycle bags, so if anyone has ordered one please come and see us, the cost is \$10.00



That's about all I have to report this month but I guess the year will get busy.

Thanks Col. at 118 on 7 27.



Upon reflection Palm Lake aint too bad.

SADLY WE HAVE HAD SEVERAL RESIDENTS AND FAMILY MEMBERS PASS ON RECENTLY AND I HAVE A NUMBER OF REQUESTS FROM THOSE BEREAVED TO SAY THANK YOU FOR THE CARDS THOUGHTS AND ASSISTANCE FROM FELLOW RESIDENTS

Vera Rumens—for the loss of her son Stephen.

Jean Guy—on the loss of her husband Bob.

Barbara Bailey—on the loss of her husband Bill

Mary Johnson—on the loss of her husband Bob with special thanks to the people she wasn't familiar with that came to her assistance in response to the alarm at the time .

LIBRARY NEWS

It seems a long time ago but hope everybody had a Happy Christmas and New Year. If you are observant, you will have noticed that we have two pictures of the Osprey hanging on the back wall. These were donated by Joan King (ex 53) who has now moved closer to family. We thank her very much for her donation.



Once again thanks to everybody who have recently donated books, we certainly have a great selection to choose from

As you know everything in the library has been donated by residents and operates on an "honour system", which works very well for the books, HOWEVER it is a different story for the DVD's. The number of DVD's seems to be dwindling. I don't know whether people forget to return them, but there are quite a number missing at the moment, including a set of 4 of Keeping Up Appearances and 20 odd of Ancient Civilisation, just to name a few. It would be appreciated if once you have finished watching the DVD's, please return to the library so that other residents have the opportunity to borrow them.

Thank you Jackie 894

KEYBOARD GROUP

The Palm Lake Keyboarders would like to take this opportunity to wish all residents a very happy, healthy and bright New Year.

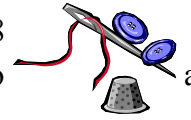
Our group will recommence on Saturday 18th February 9.0am—11.0am in the sports club. Then on every second Saturday throughout the year. New players most welcome. Come and join our merry band of players.

For further information please ring Gloria Ph:773 Villa 154.

NOTICE Both the Pathology and Podiatrist services have been discontinued from this date.

CRAFT CLUB NEWS - Hazel on 978

Happy New Year to all. Looking forward to a healthy and productive 2012.



This year our project is to make items for premmi babies, and also to make items to give to the Deception Bay Neighbourhood centre. If any residents wish to help us with these projects wool etc will be available from the craft room when we meet on Fridays from 9a.m. to 11a.m.

Our AGM will be on Friday 23 March at 9a.m. in the craft room. Forms for nominations for our committee will be on the notice board in the craft room.

At a recent meeting members voted to alternate our Show Tell and Sell day with a Christmas markets day. This year we will be conducting the Christmas markets day. Residents who are interested in finding out more about this concept are invited to attend a meeting on FRIDAY 10 FEBRUARY at 3.30P.M in the Beach House. If you are interested and cannot attend this meeting please contact either Stella on 950 or Hazel on 978.

If you wish to join our happy group of "crafty" ladies we meet in the craft room Fridays 9a.m.- 11a.m.

Barbershop Style Singing for Men.

It's rumoured that there may be some interest among the male Palm Lake population who might like to try Barbershop style singing. If you are interested, this piece of Buzz is aimed at you.

Barbershop singing is about 4 part Harmony so as a minimum we need a bass, a baritone, a lead (melody part) and a tenor but more for any part would be good.

I sang with a quartet of 4 friends as "The Barbertones " for 12 years and we had a lot of fun and enjoyment and entertained a lot of people.

Interested ? come out of the shower and call Clem on 819



GARDEN GROUP..Val H on 836

Our first Meeting for 2012 will be on Tuesday 7th February at 9AM in the Craft Room. There will be the usual Plant Sales, Morning Tea, Lucky Door Prize and the Bloom of the Month Competition etc.

The main activity will be our forward planning for the year so please come along with your ideas and suggestions.... all Residents are most welcome.

Congratulations go to Mavis Cleary on being the 2011 winner of the " Bloom of the Month " Perpetual Trophy, happy dusting Mavis !!

Contact numbers and further information may be found on the Noticeboard in the Beach House

HAPPY GARDENING !!!!!!!

I was devastated to find out my wife was having an affair, but by turning to religion I was soon able to come to terms with the whole thing. I converted to Islam, and we're stoning her in the morning!

As I was lying in bed pondering the problems of the world, I rapidly realized that I don't really give a rat's.

It's the tortoise life for me!

- 1. If walking/cycling is good for your health, the postman would be immortal.*
- 2. A whale swims all day, only eats fish, drinks water, and is fat.*
- 3. A rabbit runs and hops and only lives 15 years.*
- 4. A tortoise doesn't run and does nothing, yet it lives for 450 years.*

And you tell me to exercise?? I don't think so.

I'm retired. Go around me!

**IMPORTANT NOTICE TO ALL RESIDENTS RE
FOXTEL.**

Elliott Holdings have offered to make 5 channels (3 sport, discovery & history) available to Residents of Palm Lake Resort. There is no connection fee & the ongoing cost will be \$6 per fortnight.

Scott Elliott has agreed to carry this cost on new installations until 1 July 2012 when this amount will then be added to your lease charge. As it is a genuine additional service being provided it is likely that it could attract an additional Centrelink rent assistance subsidy.

FOR THIS TO BE VIABLE HOWEVER IT REQUIRES A MINIMUM OF 200 RESIDENTS TO SIGN UP FOR SAME.

If you have no interest in this offer you need do nothing more. If however this is something you would be interested in please complete the section at the bottom of this notice & deposit same in the letter box as indicated.

EXPRESSIONS OF INTEREST WILL CLOSE FRIDAY
24TH FEB 2012.

CUT OFF HERE

THE SECRETARY PALM LAKES RESIDENTS
COMMITTEE

LETTER BOX NO 171.

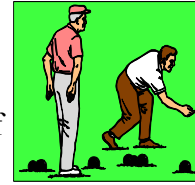
YES WE ARE INTERESTED IN THE FOXTEL DEAL.

VILLA NO PHONE SIGNED

This has been included in case you may have had a change of heart and require the form. ED

BOWLS CLUB NEWS

Welcome to 2012 and another year of bowls, I hope you enjoy it..



Because this is the first report for the year, I thought the residents of PLR would be interested in what days and times Bowls are played and any extra activities that may have been arranged later on in the year.

MONDAY AFTERNOON are trialing new times for the summer. So far it seems to be successful. \$1 to play.

Tags in by 2.15pm., Afternoon Tea 2.30pm, Play 3 – 4.30pm

WEDNESDAY NIGHT Mixed Bowls - No Charge

Tags in by 6pm, Play 6.30pm – 8 pm.

FRIDAY MORNING. Mixed Bowls. \$1 to play.

Tags in by 7.45 am, Play 8.30am, Morning Tea 9.30 am, Play until 11 am.

Also

FIRST FRIDAY morning of the Month is BOWLS/BBQ and a Raffle is held on this day. Have your name on the Sheet early.

Play 9 – 10am, Morning Tea 10 -10.30am, Play 10.30 – 11.30am, BBQ at Noon.

On 6th January, 2012, the first monthly BOWLS/BBQ was held.. There were a large number of bowlers and it was a successful morning. Especially for Rod Kirkman, the President, who also won the Seafood Raffle.

The next BOWLS / BBQ morning will be 3rd February.

*The trip to Bargara last year proved to be very successful so arrangements are being made for a SOCIAL BOWLS TRIP to EVANS HEAD (Northern NSW). this year. It will be for 4 nights, possibly 30th April to 4th May. (cont p 19)

Lots of organization goes into making it an enjoyable time. It is open to non-bowlers as well. Ring Rod Kirkman 743 for more information.

*The WALTER ELLIOTT COMPETITION played against other Palm Lake Resorts has arisen again this year. As before, it will be a game at HOME and a game AWAY. Series. These games will be played during JUNE, JULY, and AUGUST. Contact Ray Toomey 806, or Snow Itzstein 838 for more information.

Sheets will be up on Notice Board for these two events.

A reminder that the PLR Bowls Club bi-monthly General Meeting will be held Monday, 13th February, at 2 pm.

Enjoy your game of bowls. Even if you are having a bad day!!

Marcia Taylour

How many of these did YOU know about?

A sealed envelope - Put in the freezer for a few hours, then slide a knife under the flap. The envelope can then be resealed. (hmmmmmm...) *Sure, but then I forget where I put the envelope....*

Use Empty toilet paper roll to store appliance cords. It keeps them tidy and you can write on it. the appliance it's for.

For icy door steps in freezing temperatures: Get warm water and put Dawn dish washing liquid in it. Pour it all over the steps. They won't refreeze. *(Wish I had known this for the last 40 years!) Washing dishes outside - great*

Spray a bit of perfume on the light bulb in any room to create a lovely light scent in each room when the light is turned on.

EMERGENCY NUMBERS

(Do not forget the "0" in front of the number)

To open gate from your home.....	# 11
Ambulance, Fire & Police for emergency in progress	"0" 000
Police (non emergency).....	"0" 131444
Broadband Support.....	'0' 33050200
Office (During Office Hours).....	600 or 601
Caretaker/Managers A/H.....	777
Beach House.....	605
Electrician (John Carstens).....	"0" 0439 900 330
Gas (Smells/Leaks).....	"0" 1800 808 526
Gas (Origin Energy).....	"0" 132 461
Handyman (David Tipples).....	" 0" 0408 633 709
Home Assist.....	"0" 5490 6820
Nurse Practitioner (Home Visit) Joyce Donnelly	"0" 0457 026 525
Painter Greg Jacobi (GnR).....	"0" 0417 605 869
Plumber: Adrian (Apco).....	"0" 0416 508 345
Trevor (Terdanator).....	"0" 0413 355 651
Poisons Information Centre.....	"0" 131 126
Prince Charles Hospital.....	"0" 3139 4000
Redcliffe Hospital.....	"0" 3883 7777
Royal Brisbane & Women's Hospital.....	0" 3636 8111
R.A.C.Q (Breakdowns).....	"0" 131 111
State Emergency Service.....	"0" 132 500

Bus Timetables.

Tuesdays - 9am - To Deception Bay shopping centre.
Except Last Tuesday month - (28th.) - 9am To Northlakes shopping centre.

Thursdays - 9am & 9.30am - To Kipparing shopping centre

Note: Bus leaves from Beach House.